

## Practice and Skill Development Progress Sheet

Per Session	Drill and Skills	Week 1	Week 2	Week 3	Week 4	Total	Week 5	Week 6	Week 7	Week 8	Total	Skill Total
25	Putting - Ruler											
25	Putting - 10ft - 12ft											
10 Each	Putting - 20/30/40											
10 each	Chip 15 20 25ft											
10 each	Pitch 30 40 50f											
10 each	Lob 10 15 20ft											
10 each	Sand 10 20 30											
20 U&D	Greenside Trouble											
15 each	Fairway Bunker 7i-5i											
10 shots	Wedge 35											
10 shots	Wedge 40											
10 shots	Wedge 45											
10 shots	Wedge 50											
10 shots	Wedge 55											
10 shots	Wedge 60											
10 shots	Wedge 65											
10 shots	Wedge 70											
10 shots	Wedge 75											
5 shots	Full 85											
5 shots	Full 95											
5 shots	Full 105											
5 shots	Full 115											
5 shots	Full 125											
30 Shots	Driver 30 shots											
	Total											

**Reminder: Each shot must be executed for EXCELLENCE. Intensity, quality and determination to improve your numbers each week should be your GOAL.**